

## CONFERENCE APPLICATION FORM

Before completing this application form, please tick the appropriate box regarding your preference of practical sessions

Practical Session 1      Football       Hurling

Practical Session 2      Football       Hurling

Coach Details:

Name:

Address:

Email:

Phone No:

GAA Club/School:

REGISTRATION FEE: Registration fee €30:  
Includes lunch and coaching pack including  
handouts of the conference proceedings

Closing date for registration

Monday, March 5th 2012

**NUMBERS WILL BE LIMITED**

Please post completed registration forms to

**Munster Coaching Conference**  
**Aras Mumhan**  
**Cnoc na Grudan**  
**An Reabog**  
**Luimneach**



# BEST PRACTISE IN CHILD DEVELOPMENT

Mallow GAA Complex  
Saturday, MARCH 10th 2012



# Coaching Conference 2012

## "A Good Start is Half the Battle"

The Munster Coaching Conference will give coaches, managers, mentors, teachers and volunteers the opportunity to see and hear at first hand "best practice methods" in relation to a host of very relevant and varied topics in the development of Gaelic Games today and in the future.

The conference provides an ideal opportunity for the association to showcase the work that is currently being undertaken in the areas of Coaching and Games Development. More importantly, it will enable coaches and mentors to network and, at that the same time, meet a number of our outstanding coaches.

Gaelic Games have grown and evolved quite a lot in recent times. Young people to-day demand coaches to challenge them to reach their full potential. Player development now requires the understanding and recognition of the physical and psychology demands on young people as well as the ability to improve the technical ability and tactical awareness of players.

We are so fortunate to have some of the most respected coaches in our games to give presentations to-day. We hope that you will enjoy the conference and that you go home a more knowledgeable and confident coach.

**Pat O'Shea      Joe Carton**

GAMES MANAGERS

Date:

**Saturday, March 10th, 2012**

Venue:

**Mallow GAA Complex**

Time:

**9.30am to 2.30pm**

Cost:

**€30 per coach**

**(Lunch and Coaching Pack included)**

## CONFERENCE PROGRAMME

9.00 – 9.30	<b>REGISTRATION</b>
9.30 – 9.40	<b>OPENING ADDRESS</b> <b>ROBERT FROST</b> <i>Chairman Munster Coaching &amp; Games</i>
9.40 – 10.00	<b>PAT CULHANE</b> <i>National Go Games Coordinator</i>
10.00 – 10.30	<b>KEY NOTE ADDRESS</b> <b>Paudie Butler</b> <i>"A GOOD START IS HALF THE BATTLE"</i>
10.35 – 11.20	<b>PHYSICAL DEVELOPMENT</b> <b>(Dr. Liam Hennessey)</b> <i>"FUNDAMENTAL MOVEMENT FOR YOUNG PLAYERS"</i>
11.30 – 1.00	<b>PRACTICAL FOOTBALL DEVELOPMENT -</b> <b>6 to 11 YEAR OLDS</b> <i>"STATIONS"</i> <b>(Paudie Kissane, James Ryan, John Enright, Kevin Halley, John Dillon, Martin Horgan &amp; Oillie Coffey)</b>
	<b>PRACTICAL HURLING DEVELOPMENT -</b> <b>12 to 14 YEAR OLDS</b> <i>"GAMES BASED APPROACH TO TRAINING &amp; DEVELOPMENT"</i> <i>"INCREASING ATTACKING OPPORTUNITIES"</i> <i>"DEVELOPING DEFENSIVELY"</i> <b>(Brian Murphy &amp; Martin Coleman)</b>
1.00 – 2.30	<b>PRACTICAL HURLING DEVELOPMENT -</b> <b>6 to 11 YEAR OLDS</b> <i>"STATIONS"</i> <b>(Gavin O Mahony, Tadgh O'Connor, Peter Casey, Paudie O'Brien, John Quinn, Sean Herbert &amp; Andy Ryan)</b>
	<b>PRACTICAL FOOTBALL DEVELOPMENT -</b> <b>12 to 14 YEAR OLDS</b> <i>"GAMES BASED APPROACH TO TRAINING &amp; DEVELOPMENT"</i> <i>"INCREASING ATTACKING OPPORTUNITIES"</i> <i>"DEVELOPING DEFENSIVELY"</i> <b>(Michael Quirke &amp; Vince Cooper)</b>
2.30	<b>LUNCH</b>

G.A.A. MUNSTER COACHING CONFERENCE 2012